

One Step at a Time

Key:

- A** = Preparing for Parenting
- B** = Birth - Age 5
- C** = School Age
- D** = Teens

A HOPE Center **A**

3630 Hobson Road; Fort Wayne, IN 46815
Phone: 260-422-3544 | www.AHopeCenter.org
Pregnancy and relationship resources. For women and men experiencing unplanned pregnancy, geared to provide hope, help, and healing in difficult circumstances.

Before 5 **B**

Phone: 260-316-2661 | [http://www.Before5.org/](http://www.Before5.org)
Teachable moments in everyday activities. Learn the importance of daily learning opportunities.

Begin in Books **B****C**

Call these DeKalb County public libraries for more information.

- BUTLER PUBLIC LIBRARY**, 260-868-2351
- ECKHART PUBLIC LIBRARY**, 260-925-2414
- WATERLOO-GRANT TOWNSHIP PUBLIC LIBRARY**, 260-837-4491

Brightpoint **A****B****C****D** *

209 N. Jackson St.; Auburn, IN 46706
Phone: 260-423-3546 | [http://www.MyBrightPoint.org/](http://www.MyBrightPoint.org)
Helps communities, families, and individuals remove the causes and conditions of poverty.

Bowen Center *

923 Cardinal Ct.; Auburn, IN 46706
Phone: 260-925-8035 or toll free 1-800-342-5653
Provides services for children, adolescents, and adults. They have a specialized social skills group, one to one home-based services that target parenting, development and communication skills. <http://www.BowenCenter.org>

Centers for Disease Control (CDC) **B**

Phone: 800-232-4636
<http://www.cdc.gov/ncbddd/actearly/milestones/index.html>
Provides handouts of the key developmental milestones children should meet by different ages. Parents with concerns should talk with their child's doctor. All children develop at different rates, but this gives parents a general idea.

Children First Center

1754 Wesley Road; Auburn, IN 46706
Phone: 260-925-3865 or 1-800-824-2698
<http://www.ChildrenFirstCenter.org/>

- HEALTHY FAMILIES **B****
For families of newborns, they provide support, reassurance and essential information for the healthy growth and development of children.
- H.O.M.E. (HELPING OTHERS MEET EXPECTATIONS) **B****C****D****
Program works with parents and children ages birth to 18 years who are involved with DCS.
- NETWORK FOR SAFE FAMILIES **B****C****
Provides home-based case management and resource referral for parents seeking help with the day-to-day challenges of raising children.
- THE NURTURING PARENT **B****C****
For parents of children, ages birth to 10 years, a 10-session program.
- REDIRECTING CHILDREN'S BEHAVIOR **B****C****D****
Focuses on understanding your child's behavior, building a good relationship and exploring alternatives for dealing with misbehavior.

Crosswinds **A****B****C****D** *

Phone: 855-927-7963 | <http://www.CWFamily.org/>
Provides resources and options you might need to overcome unique family situations and struggles. They come to your home to work with you to strengthen your family.

DeKalb County Division of Family Resources (FSSA) **A****B****C****D**

507 N. Grandstaff Dr.; Auburn, In 46706
In the old Scotts plaza next to Oriental Gourmet
Toll free 1-800-403-0864
<http://www.in.gov/fssa/dfr/3180.htm>
Offers assistance in the forms of SNAP (food assistance), TANF (cash assistance), IMPACT (job training), and Medicaid/Health plans.

DeKalb County Domestic Violence Task Force **A****B****C****D** *

Phone: 260-908-6119
Contact: Judy Strock
Crisis intervention for victims of domestic violence.

DeKalb County Health Department-- Shots for Tots **A****B****C****D**

Call 260-925-2220 to schedule an appointment.
<http://www.co.DeKalb.in.us/department/?fDD=21-0>

DeKalb Pregnancy Center **A**

903 Cardinal Court; Auburn, IN 46706
Phone: 260-925-3267
Contact: Marcia Provines
Offers prenatal and early parenting curriculum as well as referral services to doctors, insurance, and other agencies.
www.DeKalbPregnancy.com

DeKalb Health

1316 East 7th Street; Auburn, IN 46706
Phone: 260-925-4600 ext. 2780 | www.DeKalbHealth.com

- CHILD SAFETY SEAT INSPECTION SERVICES **A****B****C****
Offers child safety seat inspection as a free service. Call 260-920-2551 for appointment.
- HEALTHY EXPECTATIONS **A****
A free program designed to help ensure the development of healthy babies by providing information for the prevention of birth defects.
- PRENATAL & BREAST FEEDING CLASSES **A****
Assists new mothers and their families in preparation for the changes they will experience. Free to mothers using DeKalb Family Birthplace.
- POSTPARTUM BREASTFEEDING CLASS **B****
A group for mothers having problems or questions related to breastfeeding, pumping, maintaining milk supply after going back to work, or to meet with other moms.

Department of Child Services (DCS) **B****C****D**

934 W. 15th St.; Auburn, IN 46706
Child abuse and neglect hotline: 1-800-800-5556
Contact: Wesley A. Husselman
Phone: 260-925-2810 | <http://www.IN.gov/dcs/3057.htm>
Investigates reports made by anyone, or agency, involving suspected maltreatment of youth ages birth to 18.

Early Childhood Alliance

Phone: 1-800-423-1498, ext. 2484 | <http://www.ECAlliance.org>

- PARENTS AS TEACHERS (PAT) **B****
Monthly home visits using the PAT curriculum and scheduled group meetings with a focus on parent/child activities for ages zero to six.
- CHILD CARE RESOURCES AND REFERRAL**
Available at no cost to families in northeast Indiana.

Family Table **B****C****D**

Phone: 260-456-4511 | <http://www.FamilyTableOnline.org>
Resources, recipes and ideas for making the family meal a habit in your house. Sponsored by the McMillen Center for Health Education.

First Steps of Northeast Indiana **B**

Phone: 866-725-2398 | www.IndianaFirstSteps.org
Early Intervention Services for Infants and Toddlers who are showing developmental delays, or who have a diagnosed condition that is likely to result in developmental delays. Visit the website for more information or a referral.

Follow the Reader **B****C**

Phone: 260-423-6447
A highly engaging and interactive free online instructional series of 5 programs (each 30 mins. or less) to help parents, mentors, learning providers, and tutors help young children become strong readers.
<http://followthereader.abouteducation.org>

Fort Wayne Center for Learning **C****D** *

Phone: 260-469-3925 | www.fwcl.org
Provides specialized instruction to children in northeast Indiana with learning challenges. They help children develop a positive self-image through the improvement of the critical learning skills necessary to be successful learners. They offer one-to-one instruction in reading, spelling, writing, math, comprehension and academic independence.

Garrett-Keyser-Butler Head Start and Early Head Start **A****B** *

504 South Second St.; Garrett, IN 46738
Phone: 260-837-4211 | www.GKBHeadStart.org
Provides comprehensive health, social services and education programs to pregnant women, infants and children, 0-5 years, and their low-income families in DeKalb County and families with children with disabilities.

Great Kids Make Great Communities **A****B****C****D**

Phone: 260-449-7272
Offers training and support to anyone working with youth and families in Northeast Indiana.
<http://www.GreatKidsAllenCounty.org>

Greater Fort Wayne Family **A****B****C****D**

Phone: 260-347-0400 | <http://www.FWFamily.com>
For a free subscription to the Greater Fort Wayne Family magazine, visit the website listed above.

Just in Time Parenting **B**

<http://jitp.extension.org>
Free parenting newsletter specific to a child's age and needs.

Let's Talk (A)(B)

Through various early learning initiatives, parents and care-givers are given support and tools to encourage healthy development for children ages 0-5.

Phone: 260.927.0995 ext. 12—Amanda Davis

Moms and Babes (A)(B)

Phone: 260-357-1917

Program meets every other Wednesday evening at the Garrett JAM Center (Judy A. Morrill Recreation Center) with speakers on various life skills. Parents and children attend together. Dinner is provided; no fee to attend.

New Hope MOPS (Moms of Preschoolers) (A)(B)

New Hope Church
900 S. Wayne Street; Waterloo, IN 46793
Phone: 260-837-3631

Meetings are currently held the 2nd Thursday of the month from 6:30-7:30 p.m., September through May. Childcare is provided.

Northeastern Center*

1800 Wesley Rd.; Auburn, IN 46706
Phone: 260-925-2453 | <http://www.NECMH.org>

- **PARENTING UNDER STRESS (A)(B)(C)(D)**

A 12-week class conducted continually and meets every Friday. There is a sliding fee schedule for participants.

- **DIVORCE SEMINAR (B)(C)(D)**

2-hour court-mandated program that is offered on an individual basis.

Proud To Parent (A)(B)(C)(D)

Phone: 317-755-1265 | www.ProudToParent.org
A free, confidential, and eye-opening website for unmarried parents.

Purdue University Extension Office

215 East 9th Street - Suite 300; Auburn, IN 46706
Phone: 260-925-2562
www.AG.Purdue.edu/Counties/DeKalb

- **PARENTING COUNTS (A)(B)**

Based on 60-second television commercials about how children think, feel and learn. Includes 2-hour workshop plans and 20-minute lesson plans to use with other materials.

- **PARENTING PIECE BY PIECE (A)(B)**

Designed for use with parents who have been mandated to attend parent training due to their identification as physically or emotionally abusive and/or neglectful parents.

Right Relations, Inc.

2513 S. Calhoun St.; Fort Wayne, IN 46807
Phone: 260-436-7578 | www.RightRelations.org

- **FAMILY ENRICHMENT SERIES (A)(B)(C)(D)**

Focuses on personal development, communication

skills, and building healthy relationships within families, work and social environments through principle-centered education.

SCAN, Inc. (A)(B)(C)(D)

(Stop Child Abuse and Neglect)

500 W. Main Street; Fort Wayne, IN 46802
Phone: 260-421-5002 | <http://www.SCANfw.org>

Provides free home and community-based services that prepare parents and protect children.

- **NETWORK FOR SAFE FAMILIES (B)(C)(D)**

Provides home-based case management and resource referrals for parents seeking help with the day-to-day challenges of raising children. They can also help with referrals for meeting basic needs and coping with personal or family crises.

<http://SCANfw.org/communitypartners.html>

- **BE SOMEONE NOW (BSON) (D)**

A program of WorkOne Northeast Indiana, provided by SCAN, Inc. BSON serves young adults, ages 16-21 years, who have dropped out of high school and are interested in earning, or already pursuing, their High School Equivalency diploma. BSON provides training, testing fees, tutoring, and tuition assistance.

- **BE SOMEONE NOW: RETURN2SCHOOL**

Funding opportunity that offers financial assistance for adults returning to school as well as opportunities for paid work experiences while enrolled, field placement, and assistance in achieving educational and employment goals.

Small Wonders

801 E. Houston St.; Garrett, IN
(260) 357-3185
The mission of Small Wonders is to support and strengthen families in our community.
<https://www.facebook.com/Small-Wonders-1508921006027132/>

Text4baby.org (A)(B)

Get support throughout your pregnancy and your baby's first year with FREE text messages on topics like prenatal care, your baby's health, parenting and more. Register online or through your cell phone. Text the word BABY (or BEBE for Spanish) to the number 511411.

Toddler Friends 123 (B)

Eckhart Public Library
Phone: 260-925-2414
A center-based learning program for children 18 months to 3 years old.

Understanding and Parenting Teenagers (D)

St. Mark's Lutheran Church
Phone: 260-925-3882 | office@stmarksauburn.org
A two-session class that looks at the nature of adolescent development, trends, and changes facing teens. Discuss the role of parents, media, etc.

Up To Parents (A)(B)(C)(D)

Phone: 317-755-1265 | www.UpToParents.org
A free confidential website for divorcing and divorced parents.

WIC (A)(B)

265 N. Grandstaff; Auburn, IN 46706
Phone: 260-925-1740 | www.FNS.USDA.gov/WIC
A special supplemental food program for women, infants, and children, available to all eligible participants.

YWCA Domestic Abuse Task Force (A)(B)(C)(D)

1610 Spy Run Ave.; Fort Wayne, IN 46
Phone: 260-447-7233
Domestic Violence Crisis Line: 1-800-441-4073
Delivers a high quality continuum of care to victims of domestic violence. Sheltering and intervention are available.
<http://www.YWCA.org/site/pp.asp?c=juI0KhM0Ix&b=709517>

Zero To Three (B)

Phone: 260-638-1144 | www.ZeroToThree.com
Provides parents, professionals, and policymakers the knowledge and know-how to nurture early development.

For Additional Information (A)(B)(C)(D)



2-1-1 One number. One easy way to find help. Dial 2-1-1 for free, confidential 24-hour information and referral assistance.
<http://www.Indiana211.org>

Learning Link DEKALB COUNTY

An education initiative of the Community Foundation

Our Vision

**Working together through
continuous learning to improve the
quality of life for all in DeKalb County**

Learning Link DeKalb County
An education initiative of the
Community Foundation of
DeKalb County
700 S. Main Street P.O. Box 111
Auburn, Indiana 46706-0111

Adult Lifelong Learning

Parenting Resources



Learning Link DEKALB COUNTY

An education initiative of the Community Foundation



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